

The Teaching Effectiveness and Evaluation Analysis of Ideological and Political Theory Course in Colleges and Universities Based on Humanistic Care

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Abstract: The ideological and political theory course in Colleges and universities undertakes the task of systematically educating college students on Marxist theory, and is the main channel of Ideological and political education for college students. Only by truly recognizing the course of Ideological and political theory, can college students take the initiative to accept the teaching content and absorb the beneficial nutrients of the course, and then become new people in the era of socialist construction with Chinese characteristics and national rejuvenation. Humanistic care is the care for human existence and its meaning, emphasizing human value, human dignity and personal integrity. Strengthening humanistic care for students in the teaching of ideological and political theory courses in colleges and universities is the cornerstone to further enhance the pertinence, effectiveness, attraction and appeal of the course and to improve the quality of its education and teaching. Teachers should adapt to the new requirements of the new situation for ideological and political theory courses in colleges and universities, and constantly enhance their actual effects, so that ideological and political theory courses can truly become the theoretical basis for college students to establish ideals and firm beliefs.

1. Introduction

Ideological and political work in colleges and universities is related to the fundamental problem of what kind of people colleges and universities cultivate, how to cultivate people and for whom. Humanistic care is the care for human existence and its meaning, emphasizing human value, human dignity and personal integrity [1]. With the increasingly close economic ties at home and abroad, there are still a variety of stirring thoughts and cultures flooding into our country with economic development opportunities [2]. The ideological and political theory course in colleges and universities undertakes the task of systematic Marxist theory education for college students and is the main channel for ideological and political education for college students. The ideological and political theory course in colleges and universities is the main channel for ideological and political education of college students, arming the minds of college students with Marxist theory, and guiding and helping college students to establish correct ideals and beliefs [3]. The level of domestic reform and opening up is constantly deepening. China's socio-economic composition, economic organization, public employment, and the interests and distribution of various economies are also constantly changing [4]. Teachers can only increase their attraction, appeal, and persuasiveness in the ideological and political theory lesson if they are more devoted to humanistic care in teaching, and when they are rational and emotional.

Since the founding of New China, ideological and political education has been guided by Marxism. Marxism has always placed the promotion of all-round and free development of people at the core. We must effectively enhance the penetration of the teaching of ideological and political theory courses in colleges and universities, adhere to the people-oriented, pay attention to psychological counseling, embody humanistic care, and correctly handle the relationship between the subject and the object of the teaching [5]. The education and teaching process of the ideological and political theory course is not only the process of imparting theoretical knowledge, but also the

process of emotional communication and ideological communication between teachers and students. It is the process of college students constantly defeating themselves, surpassing themselves and transforming the subjective world [6]. In the historical process of China's revolution, construction and reform, the Party insists on taking ideological and political work as the lifeline of all its work. Improving students' political quality, promoting students' personality perfection and realizing students' physical and mental harmony have become the starting point and end point for strengthening and improving the teaching of ideological and political theory courses in colleges and universities [7]. The basic task of ideological and political theory teaching is to arm the minds of college students with Marxism-Leninism, Mao Zedong Thought and the theoretical system of socialism with Chinese characteristics, to improve the ideological behavior of college students, and to enhance the spiritual realm of college students. So as to train and bring up new socialist people with ideals, morality, culture and discipline.

2. The Significance of Strengthening Humanistic Care in Ideological and Political Theory Teaching

The teaching of traditional ideological and political theory courses emphasizes the instrumental value of ideological and political theory courses, pays attention to the teaching of teaching materials and the propaganda and teaching of political theory. The teacher's humanistic care for the students is based on educational practice, the unselfish love cultivated by the students and the deep concern about the students' living conditions and future development. As the ultimate product of higher education training, college students are not only the main body of higher education and teaching activities, but also the object of higher school implementation of teaching activities. People are essentially social beings. No one can leave the society to exist independently. Anyone must form social attributes through socialization, so as to gain self-growth, self-development and realize their own value [8]. Some teachers in the teaching process blindly exaggerate how cruel and heartless competition is under the condition of market economy, without paying enough attention and care to students' growth space and inner pressure, and without correctly guiding and cultivating students to have a grateful heart. The premise of systematically promoting the new development of ideological and political theory teaching in colleges and universities is to promote the new development of teaching concepts, which requires us to establish the people-oriented concept, scientific development concept and pioneering and innovative concept.

A simple and effective method to analyze the difference between ideological and political education and vocational skills training is the hypothesis test of two independent sample methods. A university career coach teaches the same subject in three classes at the same time. In the student evaluation, the teacher's evaluation data are shown in Table 1.

Table 1 Student evaluation data of two independent sample means

Sample size	The average score	Sample standard deviation
58	80	4.5
56	76	3.7
60	82	4.2

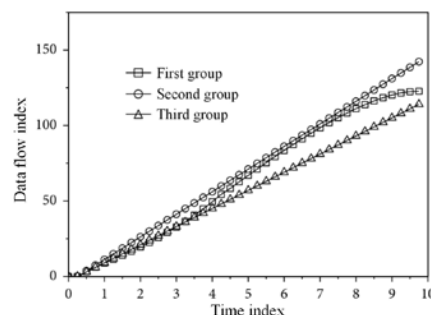


Fig. 1 Data impact over time

In the traditional work of ideological and political education, the direct communication and dialogue between people make the work direct and realistic. After each parameter adjustment, the data flow quickly reaches a stable state. The initial rotation is too large, which may result in too many data streams. Perform three sets of data tests and statistical results, as shown in Fig. 1.

The key to improving the teaching quality of Ideological and political theory course lies in establishing equal, harmonious and friendly teacher-student relationship. Ideological and political theory teachers should respect, trust, appreciate and care for students from different majors, be willing and good at communicating and dialogue with students on an equal footing, and listen to their opinions and suggestions. With the high demand of market economy for compound talents and the increasing pressure of employment competition, college students are busy taking various certificates and lack of attention to ideological and political theory courses. Ideological and political teaching in colleges and universities must unswervingly implement the Party's educational policy, publicize the Party's theory, line, principles and policies, and realize, safeguard and develop the fundamental interests of students [10]. In the process of preparing lessons, teachers should understand students' cognition of theoretical and social hot issues through various ways and means, and grasp their thoughts and thoughts on reality and the future. If teachers strengthen their humanistic care for students, the teacher-student relationship will no longer be unfamiliar and indifferent, thus forming an equal, harmonious and friendly teacher-student relationship. If all students are cared for and cared for in the teaching practice and the contents of humanistic enlightenment are consciously strengthened, the humanistic spirit and quality of college students can be cultivated and improved.

3. Measures to Enhance the Effectiveness of Ideological and Political Theory Teaching

3.1 Renewal of Teaching Concept

The teaching concept is not only the cornerstone of constructing the educational theory system, but also the key to realizing the educational goal, determining the teaching contents and methods, and further affecting the acceptance degree of the educational objects to the educational contents. The classroom atmosphere full of family affection, democracy and equality enables the two equal rights subjects of teaching and learning to participate in educational and teaching activities with great interest. Teachers and students share the pleasure and success of the classroom educational and teaching process. Teaching activities are the mutual activities of teachers and students, which are composed of teachers' teaching and students' learning. Teachers are the leading part of teaching activities, and students are the main part of teaching activities [10]. On the basis of recognition and approval, individuals consciously require themselves according to the norms of the recognized objects, and require their own behaviors according to the norms. Teachers of ideological and political theory are not only teachers but also engineers of human souls. It guides students to treat themselves, others and society correctly and treat difficulties, setbacks and honors correctly through teaching activities. The effectiveness of ideological and political theory teaching is obvious when college students' desire to improve their theoretical thinking level through ideological and political theory learning and their need to better understand society and understand life are met.

Strengthening humanistic care for students in ideological and political theory courses in colleges and universities can truly promote the good development of college students in the future. In the teaching process, computer software technology was applied. An example is given. This is helpful to observe the simulation of quality education teaching design from different directions. The experimental results of the three experiments are shown in Fig. 2.

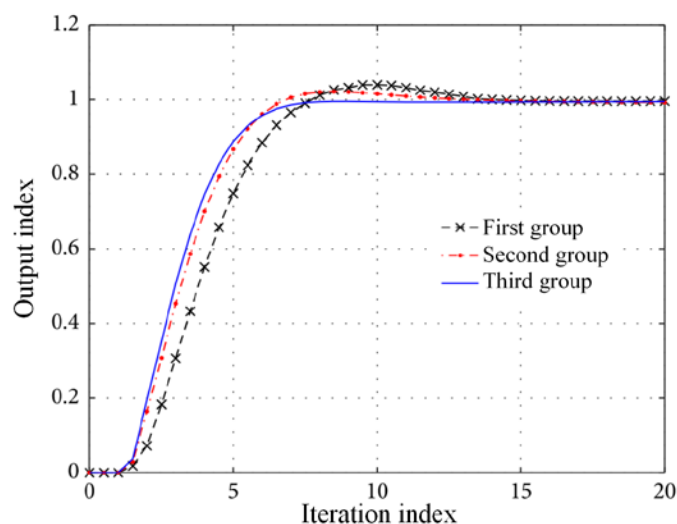


Fig. 2 Iteration value and output relationship

3.2 Enriching the Content of Education

The practical viewpoint is the primary and basic viewpoint of Marxism. The teaching of Ideological and political theory course should pay attention to cultivating college students' practical consciousness and ability so as to make them dare to challenge and practice. On the basis of preliminary cognition, through further study, experience and judgment of the ideological and political theory course, students consciously produce the emotional identification of the ideological and political theory course. Nowadays, college students have low recognition of traditional values and are suspicious of social responsibility and moral consciousness. Teachers' noble professional ethics and unique personality charm play an important role in guiding and demonstrating the teaching process. Teachers should consciously, purposefully and systematically cultivate students' scientific attitude and consciousness of questioning authority, scientific vision of discovering problems and scientific spirit of innovation in teaching. The teaching of ideological and political theory should make students understand that the value of life includes two aspects, one is the responsibility and contribution of individuals to society, the other is the respect and satisfaction of society to individuals. Teachers of ideological and political theory should fully understand the necessity of strengthening humanistic care for students in teaching. Through study and practice, they should continuously improve their humanistic care accomplishment and enhance their consciousness and initiative of humanistic care for students.

4. Conclusion

Ideological and political theory courses play a vital role in the growth and development of college students. However, at present, college students do not attach importance to ideological and political theory courses, and do not recognize or even reject them. Humanistic care to strengthen and improve the ideological and political theory teaching in colleges and universities can enhance the effectiveness of ideological and political theory teaching, and achieve the goal of promoting the free and all-round development of college students and cultivating qualified talents. To arm the minds of college students with Marxist theory, we should adhere to the dialectical unity of Marxist scientific rationality and humanistic care spirit. The teaching of Ideological and political theory course should take humanistic concern as the breakthrough point, serve the overall development of college students in the educational concept wholeheartedly, and highlight the cultivation of humanistic consciousness in the teaching content. To innovate the teaching concept of Ideological and political theory course in Colleges and universities, we must unswervingly shape a contingent of teachers with high ideological awareness, strong professional ability and comprehensive quality. Teachers should adapt to the new requirements of the new situation for the ideological and political theory course in Colleges and universities, further strengthen and improve the education and teaching of the ideological and political theory course, and constantly enhance the effectiveness, so

that the ideological and political theory course can truly become the theoretical basis for college students to establish ideals and firm beliefs.

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